

LA LAGUNA

LUXURY SURF AND YOGA RETREATS

FUERTEVENTURA





FUERTEVENTURA

The Hawaiian islands in Europe

Fuerteventura it's often called the Hawaii of Atlantic. The surf, for all abilities, is all year round on stunning beaches; only 4 hours flying distance from the European Capitals. Our Retreat is in a villa located in the North of the island. This location allows us to move quickly from the East Coast, West Coast or North Coast following the evolution of the swell. This guarantees surf all year round (beach break and reef breaks).

The Canary Islands have a very tempered climate around 26 degrees all year.

The volcanic island with endless white sand beaches, reddish lands and turquoise and transparent water. Here you can feel directly a very special energy !!

As well as its incredible and vibrant nature, we chose Fuerteventura for our retreat, the perfect island as a desired place of exile and escape from your routine and stress from your daily life.

FUERTEVENTURA TEMPERATURE

Average air temperature : 22 - 28 degrees

Average water temperature : 20 - 24 degrees



A WEEK WITH US

Salty water therapy Retreat :

Our exceptional program has been carefully designed to receive you in a unique place, a high quality standard for those of you who like to stay in a 5* Villa, having very special services, with personal Chef and having surf and yoga to connect with themselves with the best providers to enjoy at the best the island. The perfect holidays to disconnect and relax yourself with high quality services given by a professionals team. Unlike all other retreats we have designed ours for small groups to enjoy and improve as best as possible which gives much more personalized results and quality of attention !. Minimum participant 5, max 8 pax

What to expect ? A 7 days experience in deep connection with the island and the nature, in our own luxurious Villa, with a daily gastronomic menu of fresh island products, Combining surfing, Hiking in the volcanoes, yoga classes & wellness massage. The perfect combination for your body & mind and to help you to improve and progress with confidence in the waves.

All our course are suitable for beginners and intermediate levels.

All lessons are give in : **English , German , French , Spanich , Italian , Dutch .**



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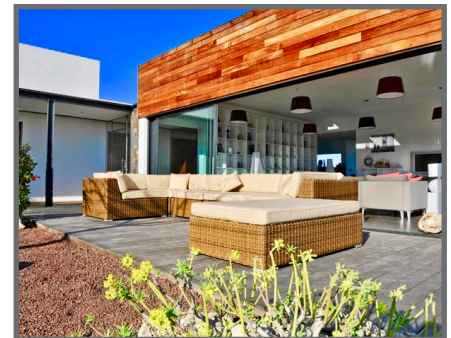
WHAT IS INCLUDED

- . 7 nights accomodation in a luxury private Villa
- . 1 x Cleaning room + change sheets & towels (in the middle of your stay)
- . 7 x breakfast, brunchs and diners cooked by our local chef
- . Hot and cold drink (cofee , tea , water)
- . 5 x surf lessons (Theory & practice + breifing after surf)
- . 4 x yoga classes (after surf stretching)
- . 1 x massage (one hour full body massage)
- . 1 x carver class
- . 1 x island hike discovery
- . 1 x themed diner with a Dj party (closing night)
- . 1 x welcome bag
- . Airport transfers (only on arrival / departure days)
- . Transfers between all the activities offered

WHAT IS NOT

- . Flight tickets
- . Travel & Healt insurance
- . Transfers during free-time
- . Alcohol

ACCOMODATION



VILLA LA LAGUNA

Our own private villa is built between lava and volcanoes, on the edge of the natural park of the “Arena “. A rare symbioses with nature that will make this place your special sanctuary to rest & reconnect with the nature.

This little haven of peace is located in the surf village of Lajares. An oasis of calm that had managed to preserve its harmony, anonymity & where we seem to live at a different pace.

The villa feature the 450 meters square habitable , 7000 meters square garden and 5 large independent bedrooms are set around a central patio with a long decorative pool. A cesar manrique style heated swimming pool, large communal areas, living room & large terrace.



“ FOOD & GASTRONOMY”

Good nutrition is fundamental and vital for the proper functioning of your body, which is why we work with the best and fresh product to give you incredible healthy and varied menus.

100% fresh dishes will be served in a buffet every day. Carefully prepared by the hands of our experienced chef, our breakfasts, brunches and dinners will help you to recharge your body.

Prepare your taste buds for an extraordinary culinary experience !!

You will also have self service of hot, cold drink (coffee , tea , water)



“WELLNESS & TREATMENT”

Feeling good inside and outside is the key for a healthy, balanced and stress-free life. Villa La Laguna works with a professional team and renewed health and beauty brands to help you achieve that sense of physical and mental well-being through our extraordinary philosophy.

Our Therapist Susana with more than 10 years of experience will give you a SIGNATURE massage during your stay which includes different massage technique and different therapies.

Find out during your stay with us that the degrees to which life-changing experiences are possible. **FEEL BETTER TO BE BETTER**

- Classic treatments : Relaxing holistic massage / Aromatic massage / After-surf massage / Ayurvedic massage / Therapeutic massage / Body peeling
- Chinese traditional medicine : Acupuncture / auriculotherapy / Foot reflexology
- Facial treatments : Facial skull massage / lifting facial with acupuncture
Kobido facial massage / Facial cleansing.



“ ALOHA SURF ACADEMY ”

Sophie and Alex have lived on the island of Endless Summer for more than 15 years and discovered a surfing paradise here. They are the managers of ALOHA SURF ACADEMY and they are eager to share their passion of surfing with you. Alex back then in Germany was a school teacher. He studied sports science and he is your instructor at the Academy. Sophie comes from Switzerland, and is in charge of the back office. They both came to the island to have a surf holiday, and never left. Together, they launched their surf academy in 2011 and they are impatient to welcome you and share the fun with you.

We work now with fervour for over 13 years to teach our pation in optimal conditions of security with professionalism and fun.

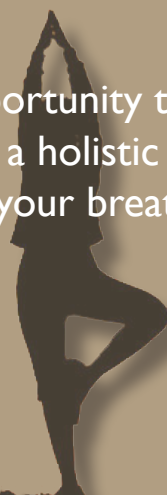




“YOGA & STRETCHING AFTER SURF”

Our Yoga sessions blend the invigorating style of Vinyasa with a special focus on enhancing spinal, shoulder, and hip mobility, complemented by breathwork practices.

These classes provide a unique opportunity to connect with spaces of peace and connection. These classes offer a holistic experience that not only strengthens your body but also nurtures your breath, providing a sacred space for connecting with space and serenity.





ROOMS

The Villa has 5 large independent bedrooms, all with private bathroom, wc, TV with satellite connection, a desk, private terrace, and a space to clean and dry your water sport equipment.

Room 1 : One double King size bed (180x200)

Room 2 : One double King size bed (180x200)

Room 3 : Two single beds (90x200)

Room 4 : One double King size bed (180x200)

Room 5 : Suite room , One double King size bed (180x200)
Two single beds (90x200)

PRICES

King size bed in DELUXE room : (Friends, couple or other traveller)

Possibility to have a extra bed in all the rooms

1.850 € one person : King size bed in private deluxe room

+ Private bathroom, Private terrace (1 person)

1.650 € per person / 3.300 € for 2 people : King size bed in deluxe room

+ Private bathroom, Private terrace (2 person)

Single bed in a Twins room : (Friends, couple or other traveller)

1.850 € one person : Single bed in a private twins room

+ Private bathroom, Private terrace (1 person)

1.650 € per person / 3.300 € for 2 people : Single bed in a twins room

+ Private bathroom, Private terrace (2 person)

SUITE room : (Friends, couple or other traveller)

1.950 € one person : King size bed in a private suite

+ Private bathroom, (1 person)

1.650 € per person / 3.300 € for 2 people : King size bed in suite room

+ Private bathroom, (2 person)

1.600 € per person / 4 people travelling together : Suite room , One double King size bed (180x200) , Two single beds (90x200)

+ Private bathroom

Reservation :

Mobile : +34.633.284.784 (WhatsApp)

Office : +34.928.175.049

info@lalagunafuerteventura.com

Booking@lalagunafuerteventura.com

Terms & Conditions

1. Conditions of Booking

The retreat will be possible from a minimum of 5 participants, in the event that there are less than 5 people La Laguna reserves the right of cancellation ; with reimbursement, give you new dates, pay the difference between the people registered for the retreat to take place or give you other accommodation.

The participant confirms that he or she can swim and does not have any physical limitation, medical illness or mental disability that would prevent him/her from participating in surfing activities. He/she is not under the influence of alcohol, narcotics, drugs or any other substance while following the course. Any medical treatment of health issue should be communicated prior to the inscription.

2. Booking and Payment

Booking can be made either by email ;
through the online page ; by WhatsApp or by telephone

The reservation is confirmed only when 50% of the full amount has been received on the “La Laguna surf and retreats “ Bank account or pay through Paygold (+5% added tax). Once deposit has been received, the customer will receive relevant details concerning the Retreat / instructions.
The remainder will be paid one month before the start dates.

3. Conditions of Cancellation

The booking can be cancelled by sending an e-mail to :
info@lalagunafuerteventura.com / info@alohasurfacademy.com

For cancellations made more than 60 days before the beginning of the retreat / arrival at the accommodation, customers will receive 50% of the deposit pay.

No refund of the deposit, if you cancel less than 59 days before the start of your holidays.

In the case of cancellation a day before the beginning of the retreat / arrival at the accommodation or should you cancel during your stay, in case of no show for the check-in, no repayment will be made.

Should you need to cancel for medical reasons, accident or illness, La Laguna will provide a certificate, along with an invoice for your cancelation insurance company stating that you did not follow the retreat.

4. Insurance

We recommend you to contract an adequate holiday insurance as well as personal accident insurance for any incident/injuries that may sustain while travelling and practicing surfing during your time with us.

La Laguna and its employees are not responsible from any liability, claims, demands or causes of action that the participant may hereafter have for injuries, disability, death or damage out of his/her participation in surfing/skating/hiking activity/other activities due to either physical inability or medical consultations, or the nonrespect of the instructor's instructions.



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